

- A message from the principal
- Greetings from P.E.
- Counselors Corner

Lafayette Lines



MARCH 15, 2018

A message from the principal:



Dear Lafayette Community,

The saying March is in like a lion and out like a lamb is true this year. I was out at the beginning of the month for a week for my granddaughter's baptism. I went to Belfast, Ireland for this wonderful event. It was a challenge getting there since they received snow for the first time in 27 years in March closing all the airports. We made it though and thoroughly enjoyed our week in Ireland.

While I was gone, sadly Ms. Trbovich decided to leave for personal reasons. Please welcome Ms. Marcella Lajune. I was in her classroom today and things were going great! We are fortunate to find such an amazing educator at this time year.

The play is full swing and moving along great. If you would like to volunteer, please pop in to the movement after school on Mondays and Wednesdays. I know the directors will appreciate your support.

Enjoy the beautiful weather! It is well deserved after this soggy winter.

Standards Based Assessments (SBA) will be taking place April 16th-May 18th @ Lafayette. Individual grade level dates will be coming soon! Be sure your child has a healthy breakfast and a good night's rest before testing.

Questions? Call 206-252-9500

Cindy Chaput

Principal @ Lafayette



Mrs. Banner's K-5 PE



THANK YOU for helping to make our Heart&Stroke

Jump Rope for Heart event a Jumpcredible success!

Dear Parent;

This year, all students at Lafayette Elementary School participated in Heart&Stroke Jump Rope for Heart. Together, we raised 7,330 \$ for the Heart and Stroke Foundation – thanks to your support!

Supporting kids' health for more than 30 years, the Heart and Stroke Foundation encourages kids to get active while they collect pledges for heart disease and stroke research. Jump Rope for Heart delivers fun and accessible games with information that encourages healthy eating, daily physical activity and giving back to the community.

In addition to raising funds to support the organizations' mission, JUMP activates our kids to embrace a lifetime of healthy living and social responsibility. Plus, thanks to the generous efforts of you and your child(ren), our school also earned valuable resources through the Heart and Stroke Foundation's HeartSmart™ Points Program.

Together, we can help protect hearts and keep all kids healthy.

Yours Very Truly,

Mrs. Banner

I M P O R T A N T – Roller Skating in Physical Education

Dear Lafayette Parents,

Beginning on March 19th, our Physical Education Classes will be involved in the Roller Skating Unit. Skating is a "life time sport" that enhances balance, coordination, agility and other motor skills. This wonderful form of exercise can either be aerobic and/or anaerobic.

The skates we have at Lafayette have soft and safe wheels designed for indoor use only; hence, no roller skates or rollerblades from home will be allowed.

(unless approved by Mrs. Banner ahead of time)

During the unit, students will learn basic roller skating skills including forward & backward skating, turning-corners and stopping. A variety of other roller skating activities will also be offered depending on time. In order to further provide your child with the safest environment possible, SkatePE (our roller skating provider), has offered the children the use of helmets, knee, elbow and wrist guards so we have all the safety equipment provided! All children participating in roller skating here at Lafayette **will and must wear this safety equipment**. Protective gear may be brought from home. Please make sure it is marked with the student's name. The student must be responsible for all their protective gear. If your child is using a school helmet, we are asking you to send a *stocking cap, brimmed hat, or even a shower cap* that your child can wear underneath the helmet for sanitary reasons. Helmets will be shared by all of the children who do not bring their own to use during the unit.

If you have any questions please email me at: klbanner@seattleschools.org

Thank you again for your support

Mrs. Banner



Counselors Corner



From the PAWSitivity Team:

Hello Lafayette Leopards! The new word for the month of March is...FLEXIBILITY! Some people might get confused and think flexibility means you can touch your toes, but what we mean is something different. Flexibility in this case means to be able to work in any situation. It requires cooperation to work. It also means you are willing to change and to compromise.

Let me give you an example of Flexibility: Three students are assigned to a group. Two students are arguing over which topic to pick: Owls or Wolves. Then to stop the arguing, the third person jumps in and says "Ok, how about we do both?" The other two students say, "I'm OK with that!" And so that's what they did. This is an example of students showing flexibility and being willing to change and compromise.

That's flexibility for you. Have a great day!

Written by: Annika Wester

